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- SCHOOL NEWS-

- MEDICAL NEWS-SEE PAGE Z...

Thursday, January 21, 1999

Western Palm Beach County's Hometown Newspaper Since 1923

Volume 76 / Number 1



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According to Mr. Schenck, the city reduced the cost by taking over the garbage collec-tion by \$4,500 a month and the cost for the present truck and driver is about \$2,500 per month. To purchase another truck would cost about \$40,000

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"The process is simple and there is no limit on the number of participants for whom the employer may receive credit," said Kenneth E. Montgomery, executive director of the Palm Beach County Workforce Development Beard, Inc./WAGES Coalition. "Employers hiring WAGES clients not only qualify for significant tax and cash incentives, they also access an important untapped source of labor," he added.

Here is how it works: After 30 days of employ-

additional \$480 will be sent after the first 90days of employment.
For more information about this program, employers may contact Maryann Garrett, WAGES
Coordinator at (561) 856-8213, extansion 302.
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from the C-138 Basia.

Bennie Murvin named Special Olympics Coach

Staff Reporter
Lake Shore Middle SchoolAthletic Director Bennie Athletic Murvin will once again be a coach for the Special Olympics

coach for the Special Olympics Florida:
For the last tweaty-fue years Coach Murvin has worked with the young men and women athetes from all over the state who become the 'best of the best' to become part of Team Florida and go on to compete in the Special Olympics World Summer-Games held in July.
Coach Murvin, who was born and raised in the Glades, was asked by a friend 25 years ago, to drive a group of athletes to a meet and has been working with the students ever since.

"I was asked to drive the youngsters because I had a sta-

tion wagon. I believe the compe-tition was in Orlando at the time, once I got there and saw how hard the kids tried, it just

time, once I got there and saw how hard the kids tried, it just won me over," said Coach Murvin. They have such deter-mination, I was just amazed." Special Olympies Florida (SOFL) just recently an-nounced the 89 athletes and coaches chosen to represent SOFL at the Special Olympies World Summer Games in 1999. Team Florida will travel to North Carolina to participate as part of Team USA.

The communities of Raleigh, Durham and Chapel Hill, Nor Will play host to Special Olympies athletes from 150 countries from June 26 to July

According to the Special Olympics Newsletter, the 1999

World Games will be the largest Special Olympics Games to date and will require approximately 35,000 volunteers to help sup-port the 7,000 athletes, 2,000 coaches, 15,000 family members and 1,000 members of the world-wide media who will be attending these Games.

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The event will feature 24 separate sports venues and is expected to have an estimated economic impact of \$60-65 million on the Thiangle's area. Serving as Honorary Chairman of the Games is NBA superstar Michael Jordan, a native of Narth Caroling.

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The Vice-Chairman is Grant
Hill of the Detroit Pistons, long
time _supporter of Special
Olympics and Duke University

See OLYMPICS/Page 2



Thirty-eight students were the first to graduate for the new year on Friday, Jan. 15 at the Palm Beach County Sheriff's Eagle Academy. The students will now return home after at-tending the six month program. Students are shown here with their drill instuctors. Some of the students will return as reservits for the next class, which is scheduled to ar-

Eagle Academy graduates 38 young men

By Debra Miller

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the first graduating class of the new year at the
Sheriff Youth Engle Academy.
On hand for the graduation were several dignitaries including Congressman Mark Foley,
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Sheriff Neumann told the parents and relatives of the graduating class that though the
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'People who uttered the words two years ago
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in the country. We are getting bigger and better
than ever and soon we will add a girls campus to
the academy.

Sheriff Neumann looked out into the audience and asked relatives to tell him if the program worked for their teenager. He received a stand-

worked for their teenager. He received a stand-ing ovation.

"One of the students graduating today came in here as an FF student withra lot of problems. He leaves here today not only así "A" student, but as a student who can return home and resume a godd life," said Sheriff Neumann. "Not a life as he had before, but a life in which he will have the courage to face the problems and make the right decision."

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The Palm Beach County Sheriff's Office Eagle Academy opened in Bells Glade two years ago and is a volunteer program specifically designed for at-risk males between the ages of 13 and 16. Through the Eagle Academy experience the Sheriff's Office offers/youths an experience of a lifetime through a challenging, milifary model,



PROUD OF THEIR WIN...S



The Sun

SPEAK OUT -SEE PAGE 4...

- SUN SPOTS -SEE PAGE 5...

- SCHOOL NEWS-SEE PAGE 8.

- MEDICAL NEWS-SEE PAGE Z.

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SINNBOTO by Brends Buntin

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Mr. Schenck told the commis-sion he would check on several used trucks and present the findings to the commission within the next several weeks.

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ing a qualified WAGES participant, the employ-er will receive a check in the amount of \$240; an additional \$480 will be sent after the first 90 days of employment.

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See EAGLE ACADEMY/Page 2

PROUD OF THEIR WIN...Some of the members of Glades Central's football team are shown with proud community members at last Saturday's Raider Raily. Front row, from left are Reggie Vicker, wide receiver, and Jerry Campbell, quarterback Back row, from left are Glades Central and Sun newspaper photographen Big A Vereen, Tom Brown, D. Juan Brown, corner back, and Jessie Hester, former Glades Central player and retired player for the Tampa Bay Buc.

STA 5 construction completed on time and under budget

struction of Stormwater Treat-ment Area (STA) 5 on time and under budget. The 4,118 acre project is one of six man-made filter marshes designed to re-move phosphorus from water

Lake Level 16.13 feet January 19, 1999

The South Florida Water entering the Everglades from an against District and the Everglades Agricultural ounces it has completed con Area south of Lake Okee-Area south of Lake Okee-chobee. Estimated to cost: \$15,124,985, the final value of the STA 5 construction contract came to \$10,582,796.43. Construction of STA 5 began in November 1997. Under the states Evergindes Forever Act,

it was required to be completed it was required to be completed by January 1, 1999. On Decem-ber 30, 1998, the District is-sued the Certificate of Sub-stantial Completion to the pro-ject contractor, Gilbert South-ern, Corporation, Meeting the

on-time schedule was achieved despite an 11-day delay caused

despite an 11-day delay caused by inclement weather from Hurricane Gorges and Tropical Storm Mitch.

The Tonly remaining construction elegent is the STA 5 distriction of t

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D CAB 4X4 ST

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The EDGE Center, Inc., hosted a successful semnar Thursday, Jan. 14 at Palm Beach Community College. It was the second seminar in a series of five free seminars. The instructor was Olivia S. Benn-son, Esq. of the Small Business Development Center at FAU.

month residential environment, followed by a three

ment, followed by a three functh afterare process. The Eagle Academy is a resi-dential facility, staffed by law enforcement and professional staff. The program services consists of self-esteem and teamwork building, life skills

OLYMPICS/From Pg. 1

The event is expected to at-tract celebrities from the worlds of sports and entertainment, royalty, heads of state and me-dia from around the world.

training, personal growth, vo-cational and educational skill development in the community, school and at home.

To qualify for the Academy you must be between the ages of 13 and 16, live in Palm Beach County and have ne pri-or felony convictions. Youth must aubmit a one-page essay in his owns handwriting of his

.......

reason why he would like to at-tend the Academy.

Candidates will be subjected to physically challenging and competitive training and exer-

cise.
To apply contact the Palm Beach County Sheriff's Office, Youth Eagle Academy at 38800 State Road 80, Belle Glade,

Fla. 33430.

cer, golf, gymnastics, powerlift-ing, roller skating, sailing, soft-ball, table téanis, team hand-ball, tennis and volleyball. Pre-game activities for Tam Florida will take place across the state, culminating in a send-off party in Orlando. The delegation will then fly to North Carolina just in time for the Opening Geremonies, where The nine-day event will come to a close on the 4th of July with the Closing Ceremonies and a fireworks display.

Coach Murvin will be there

throughout the entire event and is asking anyone who would like to make a donation to the Spe-cial Olympics to contact him at Lake Shore Middle School.

For more information on the Special Olympics World Games, call 1-888-767-1999.

Athletes will be competing in 19 different sports including aquatics, athletics, badminton, basketball, bocce, bowling, cy-cling, equestrian, football, soc-Where there is smoke, there is probably fire

A few years ago I told you about the work of Winifred Lambert. bert, a research meteorologist with the Melbourne National

eather Service. Winifred had discovered a faswinired had assovered a tas-cinating link between wildfires and thunderstorms in Florida. Where there is smoke, in this case, a wildfire, Lambert sug-gested there would be fire, in

gested there would be fire, in this case, a thunderstorm. July 11, 1995 was a good ex-ample, claimed Winifred. O that hot July afternoon a wildfire be-gan burning in northeastern Or-ange County. A few minutes lat-er, a large cumulus cloud formed over the fire. over the fire.

over the fire.

"The cloud interacted with the sea breeze and intensified,"
Lambert said. "In a matter of minutes, a severe thunderstorm had formed and was moving toward the east coast."

Whisipferic team meant the result of t

Winifred's team spent the re-mainder of 1995 looking for more more links between wild-

fires and thunderstorms, yet they were unsuccessful. Still, Winifred was convinced, based on that one encounter in July,

on that one encounter in quiy, that she was on to something.

"The strength of the storm that formed as a result of this wildfire underscores the impor-tance of monitoring the locations of fires as potential thunder-storm initiation locations in an already unstable environment," she wrote in her final report.

Now comes new evidence sug-gesting that smoke from wild-dress may have a dramatic im-pact orsusisting thunderstorms. Smoke was the problem in Texas last spring as enormous wildfres raged out of control in Mexico. The smoke was an thick-

wildfires raged out of control to Mexico. The smpke was so thick it became a health hazard, for-ing the old and young indoors. Folks who did venture out of-ten wore surgical masks on their frices. A thick haze of smoke hid the beautiful skylines of Hous-ten and Pulls. ton and Dallas.

High above those skyscrapers

Mike Lyons

smoke began interacting thunderstorms, generating

The storms produced unusually violent lightning. Three times the normal number of positive lightning flashes struck the

ground.

Positive lightning tends to be more powerful and less frequent than negative lightning flashes.

Yet, last spring in Texas, positive lightning flashes became com-

"The smoke from these fires significantly altered the electri-cal characteristic of a wide varical characteristic of a wine variety of storm types during all phases of their life cycle," Massachusetts Institute of Technology researcher Earle Williams told "Weatherwise Magazine."

How could smoke do that?

How could smoke do that? Wilhams thinks the answer lies in the size of the water droplet inside the thunderstorm. Somehow, the smoke produced larger drops of water. In this case, size matterns, the bigger the drop, the more powerful the thunderstorm.

thunderstorm.
This wasn't the first time
Williams had observed this phe-This wasn't the first time Williams had observed this phe-nomenon. During the summer of 1988, huge forest fires spread through Yellowstone National Park, sparking a dramatic in-crease in positive lightning fleshes. ashes. And Williams is convinced it

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won't be the last, either. While admitting that the "microphysics of lightning" is still a mystery, Williams believes there is a link between smoke and lightning, to won't be the last, either. While admitting that the "micro-physics of lightning" is still a. mystery, Williams believes there is a link between smoke and lightning.

Just as Winifred Lambert is described by the control of the contr

the Opening Ceremonies, where a crowd of over 50,000 is expect-

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is now sorted by size. And with so many convenient loca

tions, shopping at Goodwill can now fit into any

When: Thursday, January 21, 1999 at 6:00p.m. Where: Pahokee City Hall

Union Fidelity Development, Inc.

Contact Mr. Ballew (561) 996-3902 for more

All credit applications processed for \$9.50.

1999 Belle Glade Heart Walk celebrates survival

The American Heart Walk celebrates survival. A sea of celebrates survival. A sea of red will be seen on west Belle Glade's streets, par paths and sidewalks as survivors of heart disease and stroke are honored with a red-cap that shows they're fighting back by making changes for a healthier lifestyle, and to save their lives! Walkers who have had a stroke, experienced heart surgery or a heart attack receive a red cap to wear during the American Heart Walk-recognizing them as heart disrecognizing them as heart disease and stroke survivors.

ease and stroke survivors.
On Saturday, Oct. 2, Red
Cap Spokesperson for the
1999 Glades Heart Walk Carl
Courson will be walking, Mr.
Courson, owner of Belle Glade
Wholesale, now 38, had
quadrugle bypass surgery and
a heart attack during the surgery. He is now a heart at-

tack survivor.

Carl had many of the major risk factors - stress, smoking,

high cholesterol, overweight and a family history of heart disease. Cyrl lost his father to see, heart attack when he was only 47. Being young and haring his own business and a family of four, Carl said he never thought he would be a candidate of heart disease. On August 30, 1997, Carl experience chest pains. It was then enced chest pains. It was then that he went to Palms West that he went to Palms West for an angioplasty. During the angioplasty, the doctors dis-covered he had badly clogged arteries and would need to go to JFK for quadruple bypass surgery. At the time, his cho-lesterol count was over 300. lesterol count was over 300.

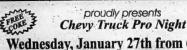
During the surgery, he went
into cardiac arrest. Now,
through cardiac rehab at
Glades General and cholesterol lowering drugs, Carl has
a cholesterol count of 180. I didn't think you could eat fish without frying it." Carl has, been quoted as saying. Thanks to American Heart

angioplasty, pacemakers, heart transplants and CPR. For more information, con-tact the American Heart Asso-ciation at 561-655-8155.

Association funded research, Carl will be walking in the Belle Glade Walk with his two son, James and Stevie, and his wife, Anita. Through the monies raised from the American Heart Walk, the Ameriton Heart Association is able to continue life-saving re-search. Research funded by the AHA has yielded such discoveries as cardiac catheterization, open-heart surgery,

LEGAL NOTICES

MOORE of BELLE



Wednesday, January 27th from 6 - 8 p.m.









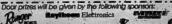
ed Chevy Suburbans lips from bassing's gre Night at Steve Moore













25%0FF* COMPONITOR CONTINUENT ONLY

JUN I

OPINION PAG



WHAT DO YOU MEAN YOU FORGOT! I LEFT A NOTE ON THE TRIBGE ... YOU OUGHT TO KNO BY NOW TO CHECK THE REFRIGERATOR FOR ANY MESSAGES."

Letters to the Editor

from residents

Dear Editor:

I am in sixth grade at Elba Public School in Elba, Nebraska. I have adopted your state as a class project. I will be doing a report and other projects to learn more about your state. Later in the year at a state fair I will display and report everything I have learned about Florida. It would be very helpful to me if you could print this letter in water newspans.

tion about wildlife, industry, interesting places to visit, statistics, and any other items your readers would feel would help me with my project. Thank you from Nebraska. Send information to:

Melissa Wells P.O. Box 100 Elba, Nebraska

Bucs coach says family comes first

By Tony Dungy Head Coach of the Tampa

Head Coach of the Tampa Bay Buccaneers.

The seazon of making New Year's resolutions has passed. Now it's the season of trying to keep them. you can probably guess some of mine. Doing my part to get the Bucs into the playoffs next season, keeping my players healthy and motivated, and giving that'p invated, and giving that'p invated, and giving that'p invated, and giving that of the property of t um lots of reasons to fire a bar-

make of reasons to the a par-rage of shots in 1999.

But I have another resolu-tion I plan on keeping in the coming year: Being an even better father to my kids. You see, while most people know me as a football coach, my ee biggest fans know me as

Il admit though, sometim Ill admit though, sometimes I'm prone to confusing football and fatherhood. When my youngest son Eric was a baby, I used to carry him around in one arm like a football, until my wife Lauren threw down a penalty flag.

Still, there are similarities
between being a good cancel

between being a good coach and a good dad. I've discovered that with my players and my

kids, I can't automatically get kids, I can't automatically get their respect just because I wear the title of coach or father. Listead, respect grows out of their confidence in knowing that I try my hardest to prepare them for the chal-lenges they will face. Ive also learned that in both jobs, I need to be a good listener, because my children and my players offer valuable insights that ultimately make my job-easier. Just as a defensive line-man can have great ideas on man can have great ideas on strengthening our pass defense, my kids can have great ideas on strengthening

our family. Now, even though I'm determined to keep my resolution to be a better dad, achieving that goal won't happen without hard work. Just like in foot-ball, I need to have a game plan: Fortunately, I grew up with a dad who executed all the right fatherhood moves, and I'm trying to follow his playbook. He taught me that fathers need to spend time with their children. No matter how busy be was, I remember

would see him cheering for me in the stands.

After one game in which my team suffered a particularly frustrating defeat, I was angry and upset. But when Dad talked to me afterward, be didn't say one thing about our performance. Instead he reminded me why winning ian't everything. 'Did you enjoy playing the game, son' 'Yes,' I said. 'Well, that's all you can ask for.' He had given me a' lesson in thankfulness that I now share with my children. Reaching goals as a National Football league head coach talked to me afterward, he

Football league head coach takes patience, practice, and perseverance. Reaching goals as a father takes all of those, plus one more important ingre-dient: love. So when you're six-ing up yeur 1999 New Year's resolutions, take a deep breath and tackle the goal that will be your most rehallenging, and your most rewarding, being a better dad.

better dad.
Tony, Dungy is not only head
coach of the Tamp Bay Buccaneers, he is Chairman of the
Family First Fatherhood Campaign for the Central Region of
Florida.

Feel strongly about local issues?



The Sun INVITES YOU TO

SPEAK OUT! (561) 996-6636

Call 996-6636 to express your opinion or ask questions about public issues.

You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevily, relecance and fainness.

Seminars are great
Td-like to say that the EDGE Center put
toge first-class seminar last Thursday night
at the Palm Beach Community College.
It was motivational. There-was no charge,
no gimmicks, it was unbelievable.
Par

Rookies are rude

"I need to find out something. Is there any way you guys can call the Pahokee Police Department and try to find out something for me. Why is it that the rookies, or new officers pull someone to the side to give them a ticket they are very rude.

If you ask them questions they tell you they

If you ask them questions they tell you they got what they out that information until they got what they sak you for. They are very, very rude. I know that the older ones there are very sweet. When they pull you over they tell you will you have been stopped right away. This concern is directed to the Pahokee Police Department and I hope to see their receiving the State of the Sta

response in *The Sun* newspaper very soor Thank you."

Caller has concern

Caller has concern
I need to make a complaint against the
Palm Beach Health Care District. My mother
has been going there and every time she gost
there they don't have her referrals. They lose
everything and they can't find anything. They
won't announce their names so that anybody

She went for her eye and they were suppose to schedule an eye appointment and they can't even do that and now she can't see right.

She is blind.

I'm just wondering who is in charge there to keep track of what the employees are doing?

It's ridiculous that she is getting the runaround and she is soil.

Thank you very much.

Editor's note: We spoke with Elizabeth Her-nandez, community relations specialist with the Palm Beach County Health Care District, She said the district has not offered sye exams since June of last year and they do not do referrals. She believes this caller may be talking about another agency, but encourages the caller to call her at 996-0129 to see if she can be of some help.

Thank you for Speaking Out.

More on Glades Central's Raiders

More on Glades Central's Raiders
'Rello. I'm calling in response to the articleconcerning the Glades Central Raiders receiving praise and how many parents in the
Glades do not support education.

The one caller who said the schools in
Wellington and Royal Palm were better than
schools in the Glades, well this isn't true-We
all know Glades Central and Lakeshore have
produced hundreds of doctors, lawyers, social
workers, teachers and many other professionals who have gone on to have great careers.

It is also true that the Glades Central
Raiders have had a career-making and excel-

Rt is also true that the Glades Central Raiders have had a career-making and excel-ent football players as well.

The Glades Central Raiders deserve the

The cludest central Raiders deserve the praise they have received, that is also a fact. The reality is, though, that we stand a greater chance of becoming a doctor or lawyer or an educator than we do becoming professional footbal players. More parents need teach their children not that one is better than that the but there are now more is. than the other, but there are many possibili-ties for the children of the Glades. Thank you."

Editor's note: Julia A. Hale, executive director for the Pahokee Housing Authority, addresses last week's caller who was con-cerned about potholes in Fremd Village. She cerned about potholes in Fremd Village. She says: T would like to respond to the article in last week's Speak Out section regarding the holes in the parking courts at Fremd Village. The Pahokee Housing Authority opened bids on the paving project on December 30, 1998. We expect to select a contractor at the next commission meeting, which is scheduled for January 27. Once the selection is made, we expect the project to commence within the next thirty to forty-five days.

We sincerely thank the caller for their concern, and we appreciate the patience that the community has shown in this serious matter.

Carefully weigh new Medicare options care form a network of doctors, hospitals and By Bill Nelson

By Bill Nelson State Treasurer & Insurance Commissioner In the national news, few days go by without mention of changes in the Medicare program-changes either aiready made or still to come. Unfortunately, widespread confusion is one of the byproducts of our federal government's, efforts to both control medicare's rising costs

and give consumers more choices.

Worse yet, many thousands of seniors in Florida and elsewhere began this new year with fewer choices, not more.

That's because almost 100 Medicare HMOs

That's because almost 100 Medicare HMOs (health maintenance organizations), citing economic reasons, chopped about 440,000 customers in 30 states from their rolls on Dec. 31, 1998. Among those dropped were 53,540 Floridians, including more than 18,000 who live in mostly rural areas where no other HMO managed-care overrage is available.

All those affected were notified last fall. By this Jan. 1, they either enrolled in another managed-care plan, in counties where other HMOs offered coverage, or returned to the traditional, fee-managed-care plan, in counties where other HMOs offered coverage, or returned to the fraditional, fee-managed-care plan, in counties where other HMOs offered coverage, or returned to the fraditional, fee-for-service Medicare program. Iwo urging federal officials to address this problem, as the managed-care option can be restored in set the managed-care option can be restored in

urging federal officials to address this problem, so the managed-care option can be restored in those parts of our state and nation left with no BMO coverage.

Meanwhile, other Medicare changes will affect beheficiaries much more gradually. Most of yos, ox, over relatives 65 and older, will have an opportunity to carefully study the changes before deciding what action, if any, to take. Until new alternatives come on the market later this year, most seniors essentially have just two heath-care options to consider.

• Sign up for traditional Medicare, in which the federal government pays a large share of their medical bills; or,

• Enroll in a Medicare HMO for managed

care form a network of doctors, hospitals and other service providers. Generally, HMOs provide broader coverage, including prescription drugs, with lower out-of-pocket expenses for the consumer. But members are largely limited to using doctors within their HMO's network and must get approval from a primary, "gatekeeper" doctor before seeing a specialist.

specialist.
Traditional, or original, Medicare allows beneficiaries to go to whichever dectors they choose.
However, in order to cover deductibles, co-payments and gaps in Medicare coverage, many people in the original program elect to supplement their fee-for-service Medicare insurance with private insurance.

ment their fee-for-service Medicare insurance with private insurance. If you're shopping for a Medicare supplement policy, you'll find that the benefits and cost, vary widely depending on which plain and which insurer you select.

In all, there are now up to a dozen versions of these so-called Medigap plans which insurance companies are either required or allowed; to offer under federal and state law. To help with your comparison shopping, our Florida Department of Insurance has prepared a consumer guide antitled "1998-99 Medicare Supplement and Long-Term Care Insurance." You can obtain a copy by calling our toll-free Consumer Helpline, 1-800-342-2762, or by visiting our Website at www.doi.state.florida.us.

For those just turning 65, it's important to know you have a six-month "open enrollment" beried during which companies cannot deny you Medigap coverage, or charge you more, because of a pre-estisting health problem. Federal law also gives people dropped from a Medicare HMO the right to buy Medigap coverage without regard to their health condition, but they must act within 63 days.

As additional alternatives to traditional Medicare coverage, Congress has created four new



A PLEDGE TO OUR READERS

We pledge... Brenda Buntin

To operate this newspaper as a public trust. Yoonea Jones.

To help our community become a better place to
live and work, through our dedication to consci-

live and work, through our dedication to con-entious journalism.

To provide the information citizens need to make their rown decisions about public fasses.

To report the news with honesty, accuracy, pur-poseful neutrality, fairness, objectivity, fearless:

te it with our own of

es and to

prominence it deserves.
To provide a right to reply to those about whom we write.



Brenda Bunting....Editor & General Ma

...Advertising Director

Gabriela RodriguezGraphica

Suganne Lindrose.

417 NW 18th Street, Suite 6 Belle Glade, FL 33430 Phone: 561-998-4404

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SUN SPOTS

Jr. Blvd., will hold an open house on Wednesday, Jan. 27 at 6 p.m. in the gymesium. Report cards will be dis-tributed at this time and par-

ents are encouraged to atte

Army Corps to hold meetings on Lake Okeechobee aquatic

plant management
The U.S. Army Corps of
agineers has scheduled three The U.S. Army Corps of Engineers has scheduled three public information meetings for Jan. 28, 27, and 28 to dis-cuss goals and objectives of the Aquatic Plant Control Program on Lake Okeechobee for the coming year. The Corps is responsible for the manage-ment of explic aquatic plants ment of exotic aquatic plants on Lake Okeechobee.

Meeting Dates and Loca-

tions.
Jan. 26- Municipal Complex,
Main Street, Belle Glade
Jan. 27- Clewiston Inn, 108Royal Palm, Clewiston
Jan. 28- Okeechobee Teen
Center, 309 2nd Ave., Okeechobee

All meetings are scheduled

All meetings are scheduled from 7-9 p.m.

The Corps will give a brief overview of the Aquatic Plant Control program, discuss program goals, introduce the field operations and Corps program Biologists, and follow up with a outogasts, and tellow up with a "Question and Answer" ses-sion. Lake users and all others interested in the Aquatic Plant Control program are encour-aged to attend.

Additional information may be obtained by contacting the U.S. Army Corps of Engineers Biologist at (941) 983-8101

Commissioner Masilotti to be in area

District 6 County Commis-ioner Tony Masilotti will be in his office in the Glades on

his office in the Glades on Wednesday, Feb. 3. Anyone wishing to make an appointment to meet with Commissioner Masilotti can call his Legislative Assistant Sue Bailey at.996-4800.

Alzheimer's/Dementio Caregiver Support

Group
The Alzheimer's/Dementia
Caregiver Support Group
meets every second Tuesday of
the month from 2 to 3:30 p.m. at the Pahokee Civic Center

The center is located at 360
East First Street, Pahokee.
For more information about
the meetings or any of the services offered by the Alzheimer's Community Care Association, please call Sandy Choate at 924-7283 the

Founders' Day at St. John's Baptist

The Glades Alumnae Chap-ter of Delta Sigma Theta

ter of Delta Sigma Theta Sorority, Inc. is sponsoring a Founder's Day Program at St. John First Baptist Church on Sunday, Jan. 24-at 11:30 a.m.
The speaker will be Dr. Beborah C. Thomas, the Southern Regional Director. A luncheon will be held following the service at Lake Shore Civic Conter for members of the Delta organization.

The church is located at 600 S.W. 8th Street, Belle Glade and the community is invited to the program

Third week of free seminars offered by The Edge Center

The Energies Development for Glades Entrepreneurs, (The EDGE Center) Inc. will present the third session of 'Free Seminars' designed to assist Glades business owners and others who may be interested in starting their own business on the New York of the Seminars' of the Seminars their own businesses. On Jan-uary 21, the discussion will be on "Money Resources: How to Obtain Financing for Your Busi-

The following Thursday, Jan. 28, the session will be on "Accounting & Record Keeping For Your Business."

For Your Business."
All seminars will be held at the Glades Campus of Palm Beach Community College, 1977 College Drive, Belle Glade, begin-

at 5:30 p.m. reserve your seat, call the

After school program Mt. Calvary Missionary, Bap-tist Church and Planned Parent hood are sponsoring a free after school program for students 12 to 15 years of age.

The after school program will also include recreation, sports,

creative writing, employment and training, health and dental-services, tutoring, field trips and

The program will be held at Mt. Calvary Missionary Baptist Church, 399 Canal Street, Raiderville. For more information call 993-9001

Black Gold Jubilee

Photography open
Photography Contest ChairPhotography Contest Chairperson Karen Corbin
announces that the Black Gold
Jubilee Photography Contest is
officially open. The theme for
the Jubilee for 1999 is "Spirit
of the Glades" and categories
for the contest are open in
three divisions: Landthree divisions: Land-scape/Still Life, Character (People), and Nature (Ani-

Entry information ma picked up at the Belle Glade City Hall from Dianne Carter; the Belle Glade Chamber of The Sun newspaper, Everglades Trading Com-pany; and Averill's.

Please contact Mrs. Corbin

at 996-6851 for further information

Revival at Miracle

Temple
Miracle Temple Ministries
will be having revival on Sunday, Jan. 24 through Saturday, Jan. 30.

Jan. 30.

On Sunday, Jan. 24, Rev. Steve Smith, T.V. evangelist from the Boynton Church of God in Ringo, Georgia will be speaking at 11 a.m. and 6 p.m.

Revival services will begin at p.m. on Jan. 25-30.

Pastor Alvin E. Nichols invites everyone to attend. The church is located at 104 S.W. 16th Street (S.R. 715), Belle

R. TELLIS

The Theatre for Schools program at the Dolly Hand Cultural Arts Center received a \$500 dona-tion from Laureate Gamma Zeta of Chapter Beta Sigma Phi. The sorority raised the money by hosting the "Cliristmas Tour of Homes" in December. Shown, from left are Maude Vereen, chair of the Theatre for Schools program, Janis Flichs, member of Beta Sigma Phi, and Leigh Woodham, Director of the Dolly Hand Center.

CRIME STOPPERS



Malcolm Levon Holland

Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate Mal-

INSURANCE/FROM PG. 4 options that private insurers may offer later this year under a program called "Medicare

plans are versions of managed care. Like an HMO. a "pre-ferred provider organization" offers a network of doctors and hospitals. But it allows memhospitals. But it allows mem-bers to go outside the network at extra cost. A "provider spon-sored association" is an HMO run by doctors and hospitals instead of an insurance company. The other two plans are essentially government-subsi-dized private insurance, one offering coverage on a fee-for-service basis and the other

colm Levon Holland, who is wanted for aggravated battery and criminal mischief. He is also wanted for battery and failure to appear on charges of jesisting or obstructing an offi-cer without violence and violation of probation for driving under suspension and con-tempt of court, Holland is 6' tall, weighs

200 pounds and has a tattoo on his right arm. He has black hair and brown eyes and his date of birth is February 15, 1975. His last

enabling you to create your own "medical savings account" and supplement it with private insurance for the larger bills. The federal Health Care

Financing Administration (HOFA) is planning an open-enrollment period on the new plans from Nov. 1 to Dec. 31, 1999. However, availability of the options in your area will depend on private business and marketing decisions. Meanwhile, HCFA has been

known address was 816 SW C Place, Apt 4, Belle Glade. His Social Security number is 267-65-8675 and his last occupa-tion was as a laborer. His warrant was active as of January 12, 1999.

If you know the whereabouts of Malcolm Holland, or anyone involved in a serious crime. call Crime Stoppers at 1-800-458-8477.

You can remain anonymous and still receive a cash reward if your tip leads to an arrest.

distributing an educational handbook entitled "Medicare & you," explaining the various Medicare plans, their require-ments and costs: The federal agency has a toll-efree number (1-800-633-4227) and Web ddress (www.medicare.gov)for more information

Bill Nelson is Florida's State Treasurer, Insurance Commissioner and Fire Marshal.

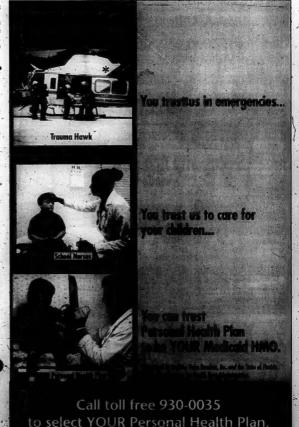
Correction -

In the January 7 front page story about two local young men who are excelling in the Marine Corp, we consistently misspelled Alfredo Treto's

name.

We also said Alfredo was his platoon's "High Shooter."

That honor went to his fellow Marine, Kyle McDonald.



Arrest Blotters

Editor's note: The police news on this page lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

January 13 - Juanita

ernalia; Charles Bai

session of drue

Horne, 42, possession of

ley, 29, burglary of an auto

17, fraudulent use of a credit

17, two counts of failure to appear; Lamar Campbell,

30, failure to appear; Albert Salter, 27, contempt of court and possession of cocaine

Gregory Davis, 33, contempt of court; Octavious Curtis, 26, battery; Israel Hester, 29,

ering and prowling.

January 16 - Juvenile,

prowling.

cocaine and p

and petty theft.

tic battery.

PAHOKEE

The Pahokee Police Department made 9 arrests the week

ment made 9 arrests the week of January 11-17. Those arrested included: January 11: Juvenile, 13, retail theft; Juvenile, 12, retail theft; Juvenile, 14,

criminal mischief: Juvenile. 16, trespassing on school property, possession of marijuana with intent to sell and posses-sion of a weapon on school property.

January 12 - Juvenile, 15, throwing a de dly n into an occupied vehicle; Juvenile, 17, Juvenile war-rant for contempt of court.

January 13- No arrests. January 14 - No arrests January 15 - No arrests January 16 - No arrests

uary 17 - John Wilinfluence: Jessie Abmor, 60, domestic battery; Pedro Canalos & aggravated bat-

RELLE GLADE

BELLE GLADE
The Belle Glade Police
Department handled 881 complaints, worked 7 crime scenes
and gave 23 traffic citations
the week of January 11-17.
Those arrested included:
January 11 - Allan Jones,
36, failure to appear.
January 12 - Jefferson
Jan Berry, 38, loitering and

SOUTH BAY

The South, Bay Police Department made 7 arrests week of January 10-16. Those arrested included:

January 10 - Reginald T Ellick, 39, obstruction of jus-January 14 - Roberto Morsles Phillips, 30, domestice; Charlie Lee Gray, 57. ravated battery. anuary 11 - No arre January 15 - Juvenile,

January 12 - Sonia Lucila Bichara, 38, warrant for failure to appear.

January 13 - Darci
Brown, 20, possession of

cocaine and possession of cocaine with intent to sell; Malcom Y. Milner, 23, assault; Juvenile, 17, don tic battery; Jacqueline H ris, 43, aggravated battery.

January 14 - No arrests. January 15 - No arrests. January 16 - No arrests.





Good nutrition and exercise can help add years to your life

How old is your body?

Total cholesterol level

For women

For men

How old is your body? Skin elasticity Skiri loosens as we age. This contributes to wrinkles. To test your skin elasticity, place your hand, palm down, on a flat surface. Keep your hand relaxed. With the thumb and rendinger of the other hand, pinch a fold of skin from the middle of your hand. Hold the pinched skin firmly for five seconds then release. Time how long it lakes for the pinched skin to go



ntributing Editor

How old are you uggests that you're only as ld as your body. Instead ounting age in years, Ms. lage uses a system of ealth-related tests to etermine your biological

ge. Like Dr. Walter Bortz, ho authored "We Live Too hort and Die Too Young," is. Kave maintains that umans are meant to live onger than our current verage lifespan of 75 verage lifespan of 75
ears. The human body is
ctually designed to live up
o 120 years. However, she
grites, we shorten our own
ifespans through poor ifespans through poor ealth choices. Eating the wrong foods,

exposure exposure to pollutants, smoking cigarettes and failng to exercise can take

Her book, "Fountain of Youth," gives six tests to use to determine your bio-ogical age. You can then compare your biological age to your chronological age to see what kind of shape you tre in

The tests include blood pressure, weight, pulse ate, skin elasticity, choles-erol level and vision.

If your biological age is reater than your chrone-ogical age, this means that you are getting old before your time. Often this is due o poor nutrition and lack of

ng, don't despair. Ms. Kaye naintains that you can urn back the biological lock by eating right and exercising

Ms. Kaye recommends a ensible eating plan that neludes plenty of fresh ruits and vegetables and utting back on fotal, fat ntake. She also recom-nends four nutrients that telp you stay young.

Vitamin C - important

	old is y body?	our
Pulse rate	Body	Body
· ·	Age	Age
	Women	Men
50-60	19	19
.61	19	20
62	19	.21
63	20	24
64	22	27
65	25	30
66	27	32 .
67 .	30	35
68	33	38
69	35	40
70 -	37	42
71	39	44
72	41	46
73 .	43	48
74	45	45
75	-46	51
76	.47 -	52
77. *	48 - 4	-53
78	49	54
79	50 -	55)
BO	51	56: /
81	52	-57
82	53	58
83	-54	59
84	65	60
85	58	63
86	60	65
87	63	67
-88	63	69
89	64 .	71
90	64	72
91	65	73 -
92	65 -	74 .
93 '	.66	76
94	66	77
95	66	78+
96	67	78+
97	67	78+
96	68	78+
99	99	78+
100+	70+	. 78+

Vitamin E - helps the body heal and regenerate;
Beta-Carotene - when

digested, it is turned into Vitamin A which helps pre-vent cancer and boosts the ne system; and.

Calcium - necessary to maintain bone mass, espe-cially important for women. Good sources of Vitamin C

Good sources of vitamin C include strawberries, oranges, grapefruit, broc-coli and papayas. Good sources of Vitamin E include sunflower seeds, wheat germ, almonds and asparagus.

Good sources of Beta Carotene include carrots, sweet potatoes, broccoli, spinach, tomatoes and apri-

Good sources of calcium include milk, yogurt cheese, spiñach and broc-

It is always best to get the vitamins the way nature intended in the foods you eat. If you plan to take supplements, consult your doc-tor about how much to take and how to take it. For example, if you are going to take a calcium supplement, many doctors recommend calcium citrate because it is caster for the body to

Vitamin C is 250 to 1000 mg. Because it is water sol-uble, it is thought that you can't take too much Vitamin will be flushed out of the body

Suggested daily dosage of Vitamin E is 100 to 400 IU.

How	old is y body?	our
Systolic Blood Pressure	Body Age. Women	Age Men
0-110	19	19
111 /	20	10
112	21	19
113	23	19
11-3	25 .	19
115	28	18
116	30	19.
117	32	19
118	33 -	19
119	35	19
120	36	19

ssure	AA OHIGH	DISTI
10	19	19
3	20	10
2	21	19
3	23	19
1	25 -	19
5	28	18
3	30	19.
×	32	19
3	33	19
9	35	19
3 3 9 0	36	19
1	37	20
1	39	21
3	40	24
4 "	43	27
5	42	30
6	43	32
7 -	44	35
В	45	38
9	46	40
0	46	42
1	47	44
2	48	46
3	49	48
4 -	50	50
5	-52	-51
6	53	52
7	55	53
	56	54
9	58	55
0 '	59	56
1.	59	57
2	61	58
3	-61	'59 .
4	62	60
5	62	63
6 .	63	-65
7	63 .	67
8	64	69
9	64	71
0-51	65	
2-53	66	
4-55	67 -	
6-57	68	
0.00	60.	

Suggested daily dosage of Beta-Carotene is 25,000 IU. Suggested daily dosage of calcium is 1,200 to 1,500

u may have different

daily requirements if you have any health problems. Pregnant women and nurs-ing mothers also require additional nutrients. If you don't know your blood pressure and don't plan to visit the doctor any-

soon, watch for the free blood pressure screenings sometimes held in the mmunity.

if you don't know your cholesterol level, there are home tests available at

221

Total cholesterol level

208

209

Seconds for pinched

0-2

3-4

13+

skin to return to normal

drug stores.

However, if you want to find out your blood pressure and cholesterol level and do a good deed at the same time, donate blood. During the health screenings given to blood donors, their blood pressure, weight and hemo-globin levels are checked. After you donate, the blood

bank sends you a card that also gives your cholesterol level. And since we're dis-cussing longevity, it's nice to know that statistics show that blood donors live longer. There are several theories on this. It could be that they live longer because they have a mini

Under 30

60 plus

Age Under 30 30 to 39 40 to 49

50 to 59

60 plus

Age

30

40 45 50

checkup each time they their system. Or it could donate blood. This helps just be good karma, a catch any health problems reward for helping to save early. It could be that when someone else it life.

they donate blood, they "Fountain of Youth" and force their body to make other diet and health books new blood, and reduce the gre swilable at your local chances of iron overload in public library. "Fountain of Youth" and

Children's Clinic (561) 996-8505



Providing Quality Care To Your Children Since 1980"

Cigna

Medicaid Blue Cross/Blue Shield PPC

Taskin U. Haque, M.D. BOARD CERTIFIED PEDIATRICIAN

1199 S. Main Street, Suite 1 - Glades General Hospital Professional Cente

our Answers To Foot PAIN Are.. * DR. I. J. JACOBSON, D.P.M. DR. CORY B. HAIMON, D.P.M.



12 YEARS SERVING LAKE OKEECHOBEE AND SURROUNDING AREA Diseases & Surgery Of The Foot And Ankle

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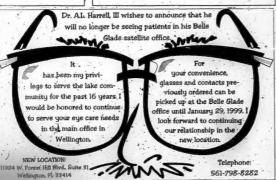
GLADES GENERAL HOSPITAL 1201 SOUTH MAIN STREET BELLE GLADE, FL

561-993-3668

How old is your body? Weight

		Wo	men .	5	4.44	
Height		Age	ranges		S 13	
	18-24	25-34	35-44	45-54	55-64	
4' 10"	114	123	133	134	135+	
4' 11"	118	126	136	137	138+	
5' 0"	121	130 .	139	140	142+	
5' 1"	124	133	141	143	145+	
5' 2"	128	136	144	146	148+	
5' 3"	131	139	146	150	151+	
5' 4"	134 -	142	149	153 ·	154+	
5' 5"	. 137	146	151	156	157+	
'5' 6"	141	149	154	160	161+	
5' 7"	144	. 154	156	163	164+	
5'.8"	147	155	. 159	167	168+	
		- N	en			

	0.71	- M	en		
Height		Age ra	anges	* 14.4	
	18-24	25-34	35-44	45-54	55-64
5' 2"	130	139	146	147	1484
5' 3"	135	145	149	154.	155+
5' 4"	139	151	155	158	159+
5' 5"	- 143	155	159	163	164+
5' 6"	148	159 .	164	167	168+
5' 7"	152	164	169	171	172+
5' 8"	157	168	174	176	177+
5'-9"	162	173 .	178	180	181+
5' 10"	166	177	183	185	.186 +
5' 11"	171	182	188	190	191+ -
6'	175	186	192	194	195+
6' 1"	180	191	197 :	198	199+
6' 2"	185	196	202	204	205+
0 2	100	100		200	E001





272-9198

MARKETPLACE DENTAL

\$399 PORCEI

TANUJA T. VEDERE M.D. ALLERGY AND IMMUNOLOGY

Fellowship training at Louisiana State University New Orleans, Louisiana

Announces the opening of her practice

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10131 W. Forest Hill Blvd., Suite 201 Wellington, Florida 33414 (561) 792-2945 Office hours by appointment only.



Good nutrition and exercise can help add years to your life

How old is your body?

Total cholesterol level For women

For men

How old is your body? Skin elasticity

sicin loosens as we age. This contributes to wrinkles. To lest your skin lessicity, place your hand, palm down, on a flat surface, Keep your hand selected. With the thrush and foreigninger of the other hand, pinch a fold of kin from the middle of your hand. Hold the pinched skin firmly for five condist hen release. Time how long it lakes for the pinched skin to go



ntributing Editor How old are you, really?

suggests that you're only as old as your body. Instead of counting age in years, Ms.
Kaye uses a system of
health-related tests to
determine your biological

age.
Like Dr. Walter Bortz,
who authored "We Live Too
Short and Die Too Young,"
Ms. Kaye maintains that
humans are meant to live
longer than our current
laverage lifespan of 75
years. The human body is
actually designed to live up
to 120 years. However, she
writes, we shorten our own writes, we shorten our own lifespans through poor health choices. Eating the wrong foods,

exposure to pollutants, smoking cigarettes and fail-

smoking cigarettes and failing to exercise can take years off your life. Her book, "Fountain of Youth," gives six tests to use to determine your biological age. You can then compare your biological age to your chronological age to see what kind of shape you

The tests include blood pressure, weight, pulse rate, skin elasticity, cholesterol level and vision

If your biological age is greater than your chrono-logical age, this means that you are getting old before your time. Often this is due to poor nutrition and lack of

If the tests are depressing, don't despair. Ms. Kaye maintains that you can turn back the biological clock by eating right and exercising

exercising.

Ms. Kaye recommends a sensible bating plan that includes plenty of fresh fruita and vegetables and cutting back on total fat intake. She also recommends four nutrients that help you stay young:

• Vitamin C - important

134 135

150-5

How old is your body?					
Pulse rate	Body Age Women	Age Men			
50-60	19	19			
61 .	19	20 .			
62 . "	19	21			
63	20	24			
64	22 .	27			
65	25	30			
66	. 27.	- 32			
67	30	35 .			
68	33	38			
69	35 ·	40			
70	37 .	42 -			
71 .	39	44			
72	41	46			
73	43.	48			
74.	45	45			
75.	46	51			
76	47	52			
77	48.	53			
78 .	49	.54			
79- "	50	55			
80	51.	58 -			
81	52	58 57 58			
32 -		58			
83	84 -	59			
84	56 0	60			
85	58	63			
-86	60	65			
87	63	67			
88	63	69			
89	64	71			
90	- 64 .	72			
'91	65	73			
92	.06	74			
93	66	76			
94	66	. 77			
20	66	784			
96	67	78+			
96	67	78+			
1000	60	78+			
	00	78+			

 Beta-Carotene - when digested, it is turned into Vitamin A which helps pre-vent cancer and boosts the immune system; and,

Calcium - necessary to maintain bone mass, espe-cially important for women. Good sources of Vitamin C

include strawberries, oranges, grapefruit, broc-coli and papayas.

Good sources of Vitamin E

include sunflower seeds, wheat germ, almonds and

asparagus.
Good sources of Beta-Carotene include carrots, sweet potatoes, broccoli, spinach, tomatoes and apri-

Good sources of calcium include milk, yogurt, cheese, spinach and broc-

It is always best to get the vitamins the way nature intended - in the foods you eat. If you plan to take supeat: If you plan to take sup-plements, consult your doc-tor about how much to take and how to take it. For example, if you are going to take a calcium supplement, many doctors recommend many doctors recommend calcium citrate because it is easier for the body absorb

Suggested daily dosage of Vitamin C is 250 to 1000 mg. Because it is water sol-uble, it is thought that you can't take too much Vitamin will be Suggested daily dosage

Vitamin E is 100 to 400 IU.

How	old is y body?	our
Systolic Blood Pressure	Body Age Women	Age Men
0-110	19	19
112	21	19
114	.25 .	19
116	30	19:-
117	32	19
119	36	19
121	37	21
123	:40	24
125	42 .	30
127	44 .	35
128	45 46	38

Suggested daily dosage of Beta-Carotene is 25,000 IU. Suggested daily dosage of calcium is 1,200 to 1,500

You may have different You may have different daily requirements if you have any health problems. Pregnant women and nursing mothers also require additional nutrients.

If you don't know your blood pressure and don't plan to visit the doctor anytime soon, watch for the free blood pressure screen-

Total cholesterol level

208

Seconds for pinched

0-2

skin to return to normal

pressure, weight and hemo-globin levels are checked. After you donate, the blood bank sends you a card that also gives your cholesterol level. And since we're dis-questing, lorgarity. 440 sing longevity, it's ni-know that statistics sho time soon, want for the free blood pressure screenings sometimes held in the community.

If you don't know your theories on this, It could be cholesterol level, there are that they live longer home tests available at because they have a minimum time. to know that statistics show that blood denors live

Age Under 30

30 to 39

40 to 49

Age Under 30

Age

drug stores. Checkup each time they their system. Or it could thowever, if you want to find out your blood pressure and cholesterol level and constant any health problems reward for helping to save and cholesterol level and cearly. It could be that when someone else's life. Foundain of Youth and time, donate blood. During force their body to make other distant health books the health screenings given new blood, and reduce the are available at your local chances of iron overlead in public library.

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 Board Certified, American Board of Podiatric Orthopedics

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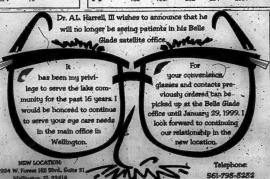
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3-4 5-6, 7-8 9-10 11-12 13+ How old is your body? Weight

		. WV	omen		
Height -		Age	ranges		
	18-24	25-34	. 35-44	45-54	55-64
4' 10"	114	123	133	134	135+
4' 11" -	118	126	136 .	137 -	138+
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5' 6"	141	149	154	160	161+
5' 7"	144	154	- 156	163	164+
5' 8"	147 .	155	159	167	168+.
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	N.	· M	en ·		4.	
Height -		. Age r	anges		0 3	
100	18-24	25-34	35-44	45-54	55-64	
5' 2"	130	139	146 .	* 147	148+	
5'3"	. 135	145	149	154	155+	
5' 4"	139	151	155	158	159+	
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5' 11"	171 -	182	188	190	191+	
6'	175	186	192	194	- 195+	
6' 1"	180	191	197	198	199+	
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Office hours by appointment only.

Pahokee football player recognized on Sunshine Network

Pahokee High School quar-terback Anquan Boldin will be recognized for his accomplishrecognized for his accompusa-ments during the airing of the Florida High School Gridiron Report on Thursday, Feb. 11 at 9:30 p.m. on the Sunshine Network. He has been recog-nized as Senior of the Year. Florida's leading regional

nized as Senior of the Year.
Florida's leading regional
sports network and home of
the Dodge. Florida High
School Champions Series, has
announced the 1998 Sumshine
Network
All-Gridiron

In 1997, Sunshine Network

In 1997, Sunshine Network expanded its -coverage of Florida high school athletics with the creation of high school of Sotball, besketball and more. Going beyond basic television coverage of the games, Sunshine Network added special features on the tradition of cial features on the tradition of high school athletics in Florida and segments saluting acade-mic achievements and educa-

mic acmeventure tional programs.

The network also incorporation

ed coverage of the preps onto its web pages, with regular news and features, by renowned high school editor Buddy Collings of the Orlando

This season, Sunshine Network aired live statewide coverage of nine key high school football contests as part

school football contests as part of the "Dodge Florida High School Champions Series." including last Saturday's Nike Dade-Broward All-Star Game in Ft. Lauderdale. Sunshine Network's schedule also included Super Bowls I and II, two attendence record setting games from the Orange Bowl featuring Miami Northwestern and Miami Jackston,

For the second consecutive year, Sunshine Network is capping off the football season with the announcement of the Sunshine Network All-Gridiron Team.

With the assistance of Sean Alleghire Agree analysts and

Alveshire game analyst and

host of Florida High School Gridiron Report, along with Sunshine Network Com's high school editor, Buddy Collings, and Peter Thomson of the Orlando Sentinel, Suashine Network honors players who have excelled at their position this past sear

at month, during a s year-end edition, of Florida High School Gridiron Report Mr. Alveshire will recognize these players on the air and congratulate them on their mplishments.

accomplishments.
The program premieres
Thursday, Feb. 11 at 9:30 p.m.
with encore aising scheduled
throughout the month.
In addition, Mr. Alveshire
will personally pressent the
awards on behalf of Sunshine

awards on behalf of Sunshine Network at each schools foot-ball banquet. I Highlights of those presenta-tions will also air on the special year-end edition of theFlorida High School Ocidiron Report.

Pahokee fifth grade students will attend the the NFL Players Party in Miami. The student were chosen after receiving touchdowns in attendance and behavior.

Pahokee students attend Kids Day

Pahokee stu

Seven lucky fifth grade students at Pahokee Elementary
are on their way to Miami.
On Saturday, Jan. 30, these
students will be attending
Kids Day' at the 999 Sports
NFL Players Party.
They are invited to "Learn
from the Pros-Skills Drills", as
special clinic where they will
receive personal coething and
instruction from active and
retired NFL players.
This experience was all
made possible by several football card companies who côilaborated in creating the
78bay Cool in School' program. They sponsor this program every year wherever
the Super Bowl is being held.

Several schools in Dade, Broward and Palm Beach counties were selected to par-ticipate in the program. "Stay Cool in School" is an atten-

Cool in School' is an attendance and behavior incentive program lasting for 10 weeks. Each week the atudents would earn 10 yards, 5yards for perfect attendance and 5 yards for perfect attendance and 5 yards for perfect behavior. Students who received 10 yards receised a pack of football trading cards eich week. At Pahokee Elementary, 30 students made touchdowns. That means that they had perfect attendance and behavior for 10 weeks. In addition to winning sprizes; they were were abje to enter

am essay contest Seven stu-dents were selected as win'ners. (the Starting Lineup) from the students' essays which were about the impor-tance of attendance and good behavior in school.

These winners are now on their way to Miami to meet the stars! We are very proud of them and all of our touchdown winners! They've all worked very hard. Have fun at "Kids Day" and take lots of the start of the sta

pictures.
The seven kids are: Serafin Maldonado. Latecia Ford, Nathaniel McPherson, Jose Tejeda, Cordarryl McKay, Jeremy Brown and Marcus Harwood.

Glade View

Elementary

On Saturday, Jan. 30, seven fifth grade students, Travonte' Jeudy, LaShandra Highsmith, Shaquasha Upshur, Curtis

Brown, Paris Brown, Angel Johnson and Richard Ford

Johnson and Richard Förd will attend a private clinic antitled "Learn from the Pros-Skill Drills" will be hosted by NFL Players for the Starting Line Up winners of Stay Cool, in School.

The 'students will attend this special event where they receive personal coaching and instruction from several NFL players. Additional activities

players. Additional activities include motivational discus-

sions, photographs and auto-graphs with NFL players.

Commencing Oct. 5 and cul-minating Dec. 11 each week,

Winners

Amy Presott and Scott Wilkins to marry

have announced the spagement of the tar, Amy Nicole Prescot to Scott Christopher Wilkins of Tallahassee.

Mr. Wilkins is the son of Mr. and Mrs. Dave Chavoustie of Scottsdale, Arizona and Ms. Margie Wilkins and the late Robert Wilkins of

Boca Raton.

Miss Prescott is a 1993 graduate of the Glades
Day School. She received an Associate's Degree
from Torida State-University where she was a
member of Phi Beta Phi Scrotty and Lady
Scalphunters. She graduated from the

Mr. and Mrs. Paul Prescott of Balle Glade
are announced the epgagement of their daugh
ar, Amy Nicole Prescott to Scott Christopher
Vikins of Tallahassee.
Mr. Wilkins is the son of Mr. and Mrs. Dave
Mrs. Wilkins is the son of Mr. and Mrs. Dave
Aurycie Wilkins and the late Robert Wilkins of
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calphunters. She graduated from the

Chiral Scoutt Company
The Wedding is planned for May 8, 1999.

Chiral Scoutt Company
The Wedding is planned for May 8, 1999.

Girl Scout Cookies on sale

The Thin Mints are coming! After a year of not being able to get the most delicious of all cookies, it is once again Girl Scout Cookie time

From Jan. 21 through Feb. 6. Girl Scouts from local troops will be selling Girl Scout Cookies door-to-door and at locations throughout the community.

For just \$3 per box, you can enjoy your fill of Thin Mints, Carmel deLites, Peanut



20th Century **Productions**

The Cutest Kid in the USA Contest

A Model Contest for Infants, Kids and Teens. Your Kid could be a winner.

All Contestants will be judged from Cuters Kid Photos made by ne of the nation's top photographer. All Contest Photos wild be ublished in the Calcost Belle so that readers can see the Cuter Kids a seven age categories. Winners names will be announced in the alloosta Belle. Local winners all receive a Cuters Kid Thotos, ompete for State and National Cuters Kid Titles. Cuters Kid Photos

will be exhibited across the country.

To have your cute kid's picture published and compete for local titles and trophies, bring your cute kid to local contest headquarters.

Location: 'LaBelle Community Women's Club West Hickpoochee (Hwy 80), LaBelle, Florida

Tuesday, January 19, 1999

12 Noon till 7:30 p.m.

We will take that cute kid's picture. You get to see a fantastic set of pictures AND we will give you a Free 8x10. Enter as many kids as you like, but Free 8x10's are limited to one per family. Parents must see proofs to qualify for the Free Picture.

Entry Fee-\$6.95 per kid



Students at Glades Day School were treated to the NFL Experience this month thanks to the Cocii Cola Company, A highlight of the event was students receiving an autograph from Miami Dolphin defensive back Shawn Wooten.

Glades view Roys and Girls Torch

Club visit local

Butter Patties, Peanut Butter Sandwich, shortbread and Five World Cinnamons

with Sugar. If you prefer a

reducted fat variety, ask for

Lemon .Pastry Cremes. And be sure to try the delicious new Upside-Down Fronted

The cookie sale helps girls

learn all kinds of important skill related to handling

money, goal satting, team

work, meeting the public and

Oatmeal Cookies

If you have a child antering Kindergarten in the fall and you are interested in him or her attending Gove Elemen-tary School as a Magnet student, we invite you to call the school at 993-1922 to get a tour of the school and pick up your

tural attitudes while student become Inlingual and biliter

Our Magnet Open House wh be on Jan. 21 from 9 until 11 a.m.Partners in Print will meet on Jan 26 at 6:30 p.m. Parents, please do not miss this wonderful opportunity for

CAT TALK

Club visit local of the school and pick up your application.

Several students from the Boys and Girls Torch Club visited local organizations. Students greating cards and handed them cout withing all the employees a safe and properous year. The students wee able to visit Belle Glade City Hal, Senior Citizens Service Center and the Palm Beach County Health Care District Western Office. The Boys and Girls Club offers Torch programs in their clubs which are designed to assist girls and boys in becoming productive citizens. They offer students positive social skills and life skills to help them develop a solid foundation upon which they can build and grow. Members conduct projects that provide service to clubs and the community Also, they are exposed to behind the scene visits to businesses, museums and other locations.

Torch Clubs offer young people the opportunity to learn that they can do something meaningfuer themselves, their club and their community

4th Monday of January, April, July & October HOUSEHOLD HAZARDOUS WASTE COLLECTION

Belle Glade Transfer Station 1701 State Road 15 • Belle Glade Hours: 9:00 am:- 1:00 pm

During this time, SWA staff will be on hand to accept all household hazardous waste materials.

For additional information call the Hazardous Waste Hotline 561-897-2700 or 930-2727 (toll free).

Not for commercial businesses

minating Dec. 11 each week, students were challenged to iniprove their attendance and behavior. Students received a Playbock that contained the game rules, a football field progress chart and un inspirational message from a NFL playor. The first and un inspirational message from a NFL playor. The first and un all' students received a book cover that served as a reminder for students to participate in the program. Trading cards were provided by each of the players Incorporated trading card licensees.

incorporated trading card inconsees. These packs were distributed each week to the student who earn a "first down."

At the end of the ten weeks each student who earned a touchdown became a "louchdown Winner" had to write an essay during their regular writing period. The essay topic was "Why the was "Why the was "the was "the was "Why the was "the was "the was "Why the was "the was "the



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Financing offer with approval from Ford Credit.

Tive yourself something Special This Service Street and the service service

ITOUR STORE Cash Back or 1.9% Financing. Cash back from Ford. Financing offer with approval from Ford Credit.

'99 EXPLORER SPORT

Lease for \$283 a month for 24 months or Buy for \$19,995 MSRP.*

Peyment based on a 34-month closed-and bases with approval form Ford Cysulf. Some payments higher, some lower, First mortiful psychem, 5,1996 down payment plus tax, tag and \$500 milniothelia security (apposit due at inception. Total of payments: 80,1972, Ordon to purchase at lesies and \$13,172,172,1020 miles pay year. \$1.5 per mile threselfut. Lesses responsible for accessive wear and text. Offer valid on 2-de Displaces of poor twith PEP Pedagas \$151-4.

'99 F-150 SUPERCAB XLT \$233/Month for 24 Months.*

"Peymant besed on a 24-month closed-end lesses with approval from Ford Crudit. Some pisyments higher, some lower, first month's payment, \$2,124 down peyment pit but us, ge and \$550 inhapide security deposit due as inception. Total of peyments; \$5,601, Option to purchase at lesses end; \$14,006, 12,000 miles or year, \$1,500 miles reported peyment. Second properties of the permanent second peyments.











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T. JOHN FIRST MAPTIST C

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ST. PRIERE LUTHERAM CH 125 E. Coner Bt. H.

ST, PHRAJIP BENEZI CATHOLIC CHU 710 S. Main St.

SOUTHBUSE CHURCH OF CHE 1 1660 S. Mein St. (SR 60)

SPANSAN MISSION OF THE FIRST PAPTIST CHURCH 17 N.W. Avenue 8

HOLINESS CHURCH 1424 W. Canal BL.S.

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South Bay

THURCH OF ALL INSTICHES 1 Mile S. of South Bay on Hery US 27 CHURCH OF GOD 196 H.W. 9th Ave.

His Body And His Blood



Percy Napier of Glades Central High School was one of 10 Palm Beach County students who won the "Layton Chiles Unsung Hero Award

Student named Unsung Hero

Glades Central student Percy Napier was one of 10 Palm each County high school students who won the Layton Chiles Unsung Hero Awards. An award which recognize

Leaders in Furthering Education (LIFE) presented

Leaders in Furthering Leucation (LIFE) presented \$100,000 in college scholarships to the ten students. Lois Pope, president of LIFE, named the 1999 awards after the late Gov. Lawton Chiles because he embodied the values of LIFE, the charitable organization she founded in

According to Mrs. Pope the 10 students chosen for the 1999 awards are leaders of today and of tomorrow, sacrificing their free time to benefit others.Mrs. Pope present-

ed each student with a \$10,000 college scholarship.
Glades Central High School student Percy Napier, 18, received his Unsung Hero award because he has logged several thousand hours of volunteer work at the Boys and Girls Club, where he initiated educational and reci-Mr. Napier also tutors children through a tutorial pro-

gram he created that increases math proficiency a boosts self-confidence. He provides one-on-one counseli and instruction for boys and girls with social or academic difficulties

Since 1995, LIFE's Unsung Hero Award Program has given \$672,500 for college scholarships to Palm Beach County high school students in financial need who perform outstanding acts of volunteerism. LIFE clubs promotes volunteerism by giving young students the satisfaction of making their schools and inner-city neighborhoods more beautiful by planting native trees and plants and painting

murals that beautify community buildings.

Mrs. Pope was also honored in 1998 by the Point of Light
Foundation in Washington, D.C., which granted her that
national designation of "point of light" in recognition of
her community service and volunteer contributions.

James Arthur Shropshire

James "Jim" A. Shropshire, 65, of Nevils, Ga. died Jan. 9 in the Bulloch Memorial Hos-pital in Statesboro, Ga.

after a short illness.

Mr. Shropshire was a
native of Oklahoma and had lived in the Nevils area for the last nine years.

He was also a former resident of South Bay in which he lived from 1975 until 1989 and worked at the former Econo Lodge.

Shropshire Mr. Shropehire was retired from the United States Air Force having served more than 20 years. He was a member of Pembroke . Christian

Church.

He is survived by his wife Faye Shropshire, mother Florence Phillips Yuma, Arizona, son rt" Shropshire of

Hendersonville, Tenn. stepsom, Farren Moore of Stilson, Ga. and daugh-ters, Pauletta Stroble and Belinda Hutch-inson of Las Vegas, Nev., Vanessa McLeod of Texas, Renata Phillips of Clewiston and step daughter Quar Tyndale of Savannah, Ga Quan a brother Bobb Shropshire of Washington and Gay Ursurery of Bobby Ursurery of Gay

Santa Clarira, Utah has 12 living grandchildren and one grandchild, Darrell Wayne Phillips, II, who preceeded him death.

The services were held Jan. 12 in the Caldwell Morrison Memorial Chapel at the Funeral Home Pembroke, Ga. with Rev. Victor Whited officiating. Victor Whited officiating. Burial was held at the Northside City Cemetery in Pembroke, Ga.

Marine Cpl. Daniel P. Scott heads for the Arabian Gulf

Marine CpleDaniel P. Scott, son of Jack E. Scott, of Belle Glade regently arrived on station in the Arabian Gulf with the 18th Marine Expeditionary Unit, embarked aboard the ships of the USS Borer Amphibious Ready Group. (ARG) The 13th Marine Expeditionary Unit was quickly sent to the Arabian Gulf to support the USS Enterprise Battle Group and USS Belleau Wood ARG, which receighty participated in Operation Desert Fox, during which U.S. forces

spates in operation Desert Fox, during which C.S. forces attacked military targets in Iraq.

Prior to departing their home base of Camp Pendelton, Calif., in December, Scott participated in a Pacific Joint Task Force Exercise with more than 15,000 Sailore, Marines, Airmen and Coast Guardamen in the Eastan's Pacific Ocean to test the ARGs shillty to respond to situations they may encounter during their six-month deploy-

Scott's unit is an expeditionary intervention force the environment. MEUs are composed of more than 2,000 personnel and are divided into an infantry battalion, an personnel and all all arrived in an analysis after a command element. With the combination of these teams, Scott's unit supplies and austains itself for either quick mission accomplishment or clearing the way for follow-on forces.

He is a 1995 graduate of Glades Day School.

Glades businesses come out for improvement seminars

The Enterprise Development for Glades Entrepreneurs (EDGE) Center, Inc. and in Belle Gla the "fabulous" Glades campus of Palm Beach Community College (PBCC) invite Glades business owners and others who may be interested in start-ing their own businesses to "Free" Business Improvement

The third seminar will be held on Jan. 21 and the discuswill be on "Money How to Obtain Resources: Financing for your Business."
The next seminar, held on

- 28 Jan. will "Accounting & Record Keeping For Your Business and the final session on Feb. 4 will focus on "The Requirements for Starting A Home-Based Business."

These seminars will continue Thursday through Feb. 4 from 5:30 until 8 p.m

Sessions will be held at PBCC, Glades Campus, located at 1977 College Dr. in Belle

The Small Business Dev-elopment Center, College of Business and Florida Atlantic versity (FAU) will facilitat

In October, business owners in Belle Glade, Pahokee and South Bay voiced support for these sessions in a Needs Assessment Survey conducted

by the EDGE Center. The businesses res The businesses responded to the survey by identifying spe-cific needs that will be addressed by Small Business Development Instructors from FAU.

nars is to respond to the business owners' current and evolv ng business needs. The EDGE Center, Inc. is a

private, not-for-profit busine cubation program dedicated to nurturing the growth and development of profitable small business enterprise in the Glades communities.

Anyone interested in an ved Glades busin improved Glades business com-munity is invited to attend these valuable sessions

Don't miss out on this oppor-tunity. Seating is limited ! Please call the EDGE Center at (561) 993-3343 for more infor-mation and to reserve your

Anne Sue DeLoach Vulgamore

Ms. Sue Vulgamore died suddenly at her home in Belle Glade on Jan. 12. There was no prior illness out-

seile Glade on sen. 72. There was no prior liness our-wardly apparent.

Born on Nov. 5, 1926, in Oglethorpe, Ga., she had been a resident of Belle Glade since 1962.

As an active member of the Firs Baptist Church of Belle Glade, she made a "joyful noise" in the choir, taught Vacation Bible School for many years, participated in the Joy Bells Sunday School Class and Keen Kids. She gave much of her time providing love and support for the local Senior Adult community.

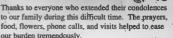
Preceded in death by her son, Jerry P. Vulgamore, in 1880, she is susvived by her children: William C. Jones of Belle Glade, Cathy J. Williams of Tallahasses, Kendra J. Snow of Belle Glade and Melqdy A. Vulgamore of Naples, her grandchildren: David E. McCranje of Tallahasses, Julie Bramlett of Belle Glade, McCranje of Tallahassee, Julie Bramlett of Belle Glade, Krista V. Mills of Clewiston, J. Matthew Snow of Belle Glade, Amanda L. Snow of, Belle Glade, Michael T. Petroczky and Jerilyh D. Petroczky of Tallahassee, great grandson Bryson T. Mills of Clewiston and siblings: Ralph DeLoath, Joyce Goodbread, Margaret Jackson, Gladys Christian, Ben DeLoath, Mary Jane Driver and Libry DeLoach, all of whom live in various cities throughout Georgia.

Rev. Timothy, Bridges and Rev. Paul Thompson conducted services on Jan. 15 at the First Baptist Church in Belle Glade. Internment followed at Hillcrest Memorial Park in West Palm Beach.

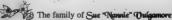
Arrangementa were handled by Glades Funeral Chapel in Belle Glade.

Took who's having a Birthday! Can you guess how old she is? 2 Best wishes Elizabeth Hernandez From your Colleague's, Co-workers, and friends the Palm Beach County Health Care District,

Expressions of Gratitude



The outpouring of love and friendship will always be remembered. We have once again been reminded of how wonderful the people of Belle Glade truly are.



Local organizations receive drug screening kits from Congressman Mark Foley

By Debra Miller Staff Reporter

They came via a S-92 Multi-Mission Helicopter on a mission to deliver in-home drug screening kits to local organizations in hopes of empowering parents with the knowledge and tools to combat drug use in their

Arriving Wednesday, Jan . 13, at the Sheriff's Eagle Academy in Belle Glade were Congressman Mark Foley, Secretary of State, General Alexander Haig, Jr., John V. Poidomani, Human Resource Manager for Sikorsky Aircraft Corp, Tracy Johnson, account executive for Media Reach, Inc and Dr. Doug Smith, founder 'of Drug Free America, Inc.
Year old program

Drug Free America, Inc.; stablished in 1997, by Dr. Smith, an Emergency Smith, an Emergency Medicine Specialist at Good Samaritan Medical Center, distributes the drug screening kits, free of charge, to community prevention and awareness groups dedicat-ed to helping families fight the war on drugs.
Over 4,000 kits were given

organizations, such as Belle Glade Patch, Glades Community Dev. Corp., Boys and Girls Club, MADD Dads, the Eagle Academy and several other organizations in Palm Beach County.

. Free Kits
Dr. Smith told the representatives to follow the guidelines in distributing

"First" off, recognize what this is, perhaps; the single most powerful anti-drug tool that has come forward

parents the ability to give free, confidential in-home drug screening," said Dr. Smith. "We give these to you free of charge and we ask that you turn these over to the families free of charge."

Those of you who represent your organizations today take these kits. That is why we are here today, to put them in your hands," Dr. Smith continued. "The situation with drugs in our community has gotten to the point where it is just ridiculous and I don't care what community you are

Local people are

recognized
Dr. Smith recognized sev-

eral local people in the community responsible for bring the kits to the commufor nity including Capt. Gary Freschette, Henrietta Johnson and Corey Wilkersonnison and Corey Wilker-son for all of their help. Dr. Smith then introduced Congressman Foley who told the group it is the responsibility of everyone in the community to help £a drug addiction.

"We can't end drug use in America alone, it takes every single one of us, " said Mr. Foley. "Drug use is everywhere, not just here in the Glades but across our county, state and country These kits can make a dif-

Dr. Smith began opening the boxes and distributing the drug screening kits:

Helpers

Joseph's School soccer team.

into a community that gives Established in 1958, PBRC provides employment train-ing, residential services and senior activities program for adults with developmen. tal, physical and emotional disabilities.

Each of the kits are selfcontained units comprised of three key components.

Purpose of Kits First, the kit contains literature stressing the role of the parent in keeping child drug free. The encourage parents to not only talk to their children about the dangers of drugs, but also stress the importance of parents leading a drug-free lifestyle.

Second, each kit is Second, each kit is a resource guiding parents in finding help, in their own communities if they find their child is doing drugs.

Third, the kit itself. The

hope is that such measures not be necessary, but, the smoke alarm in your home, it's there as a

The urine sample placed in a special container and sent through the Postal Service in an approved tam-per proof vial. The postage is free. No names, addresses is free. No names, addresses or other identifying information is obtained. Results are available five business days later on a dedicated toll-free phone line.

Under the program results are only available by giving the identification number that is unique to each kit.

Respected lab
The sample is tested by Gas Chromatography Mass The kits are packaged by Spectrometry, one of the the Palm Beach Habili- largest and most respected tation Center and the St. labs in the world. All positive results are tested



Dr. Doug Smith, founder of Drug Free America, Inc. gave local child advocate leaders the free drug screening lats to give to parents interested in finding out of their children are doing drugs

the message that a parent doesn't trust their child?

sentatives say:

Drug Free America repre-

In many instances it isn't

a question of trust, it is a question of accountability. We don't take it upon our-

selves to advise to parents that they should do a drug

Drug Free Affoerica, Inc. statistics show that children rank drugs as the tions concerning the kits is: Doesn't a drug screen send

number one problem they are confronted with today. Drug abuse has doubled in 9 to 12 year-olds in the past 12 months and the number one risk factor for unsafe sex is drug use, often result-

ing in teenage pregnancy,

STDs and AIDs

According the program children are 50 percen percent more likely to have used drugs if their parents did

not talk to them about the that only the parent car

dangers of drugs.
Questions
One of the biggest ques-

But if a parent does wish to utilize a drug screen we remove all barriers between them and this technology.

They also say that if a child refuses to submit a urine sample. The 'drug question, may have already done its job.

M you suspect your child has a problem with drugs or you would like to obtain a drug screening kit contact local children's advo-



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Glades Central Raiders State 4A Football Champs enjoy "Raider Rally"



Raider football players and fans watch as former Clades Central Raider Reidel Anthony, who now plays for the Tampa Bay Bucs congratulates the team on tape since he was unable to attend Saturday's Raider Rally.

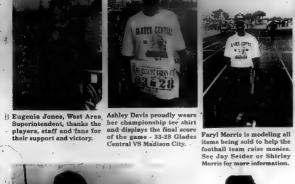


Willie Pyfrom's Marcon Marching Band entertains the crowd while some of the players listen from their seats on the field.



ç







Jacob Pirry may have a future as a Glades Central Raider football player.



Dianne Walker, assistant to House 84 Representative Addic Green, presented a proclamation to the Glades Central team on behalf of



Glades Central Head Coach Milton Watson acknowl-edges his coaching staff as he hold the 1998 4A State Championship Football tro-







Hector Rodriguez gives a thumbs up after being presented a proclamation from Belle Glade Mayor D. Bill Mathis.





Tired after a full day...Pat, Alma Morman and Anisha Henry take a break to pose for the camera after a full day participating in the Raider Rally!

Glades Central Raiders State 4A Football Champs enjoy "Raider Rally"



The Gladea Central football players show off the sign on South Main Street proclaiming them the 4A 1998 State Football Champions.



A great volunteer, Mrs. Haulsteare is shown help-ing The Gents cook the chicken for the community barbecue.

The photos on this page and page 1B were courtesy of "Big A" Vereen. Anyone wishing copies may contact Big A at 996-2340 or 992-4000,



Al Royal (left) and Larry Jones, members of The Gents Club, took time to cook for the community. Thanks to the Gents, U.S. Sugar and A. Duda and Sons for the meat and food for the Raider Rally.



From left are Tom Brown, commentator for Glades Cen-tral's games on WBGF; Cartheda Mann, coordinator for the molorcade and championably rally; and dessie Hes-ter, former Glades Central Raider and retired Ram play-





From left are Chief of Police Michael Miller and Belle Glade Mayor D. Bill Mathis. The mayor presented a proclamation to the Glades Central Haider's congratu-lating them for their 4A State Championship win.



The Raider coaching staff and the assistant coaches are shown above with Athletic Director Jay Seider (seated far left) Head Coach Milton Watson (seated second from left) and Rev. Desmond Harriott (back row, first on left).



South Bay Commissioners Clarissa Davis (left) and Milranda Smith (right) present a plaque to Glades Central Head Coach Milton Watson during ceremonies held on the school's football field.



Shirley Morris and Maude Vereen do a brit Central caps and t-shirts to loyal Reider fans



Glades Central's coaches, assistant coaches and football players sit back and wait for the ceremonies to begin at the "Raider Rally" held last Saturday.

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present

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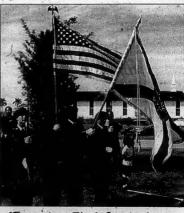


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"I have a dream that all little children will one day live in a nation where they will not be judged by the color of their shin, but by the content of their character.





"Free at last! Thank God almitghty, we are free at last!"



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Charities, Inc., Family Center, 7450 State Road 15, US 441, Pahokee, FL 33476, Attn.: Mr. Guillermo Rivera. 1/21

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DIVORCE, \$195° 30 days, no hearing/court. Missing spouse, property, children. Bankruptey \$225*. Stop cred-tor calls. Same day reports. \$30. Local. AAA Family Centers. 800-688-1/88. FCAN. 1/21

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worth. 888-231-537

REFINANCE & SAVE \$100s EACH MONTH. Consolidate debt, improve your home or get needed cash. Custom proproblem credit, no-income erification, self-employed & bankruptcy. 24-hour pre-approvals, quick closings, competitive rates. We Benc? Over Backwards To Approve Your Loan, FAIRBANK MORTGAGE (888)577-8671 552 FL-Lic. ML9700547 FCAN.

WANT A VISA CARD? \$12,000+, unsecured. Bad/ no credit is OK. Low fixery interest. Everyone welcome. 800-365-3499. FCAN. 1/21

SSWE BUYSS *Seller financed *Insuranc esettlements notes. *Land note portfolios. Colonial financial, 800-969-1200, ext. 50.



PROFESSIONAL SERVICES

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BUSINESS &



BELLE GLADE 125 N.W. Ave. D Belle Clade FT 33430 Minister:GLEN HARRIS (561) 996-3867

Glades Computer Service



(561) 924-2966

WHY LOOK ELSEWHERE? LARRY'S WILL MEET OR BEAT ANY MAYTAG ADVERTISEMENT PRICE!



72 SE AVE B · BELLE GLA



LEGAL NOTICES NOTICE OF ELECTION

NOTICE OF SIGCTION

THE CAP I Supply Boy, That Boats Coming, Florida April Bod and serious a Tower Fact, 1879, Florida April Bod and serious a Tower Fact, 1879, 1979 for the Supples of electric Garce country, 1979 for the Supples of electric Garce countries. The palls will be entered to the supples of electric Garce countries. The palls will be entered to the supple of the supples of the supple of the sup

NOTICE OF MEETING OF THE BOARD OF SUPERVISORS OF THE RIGHLAND GLADES DRAINAGE DISTRICT FOR THE CALENDAR YEAR 1999

VOU ARE HERE'S NOTFIELD has the following in the Submither of Berghet Meetings and Condeniers' Meeting of the Board of Supervisor (and the Submither of Berghet Meetings and Condeniers' Meeting of the Board of Supervisors' Board of Supervisors

T

Monday, August 9, 1999 Monday, October 11, 1999 Monday, December 13, 1999 Published The Sun, January 21, 1999 Legal No. 99-12

NOTICE OF PUBLIC AUCTION

The following vehicles will be sold at public auc-tion on February 2, 1999 at 5:00 s m, at 550 Sw 16th Street, Belle Glade, FL.

1969 Ford IFABPSSUZIAZSST34
1961 Buick IGAAVSSN2RSX30972
1978 Toyuka RAZIZIAGS
1982 Oldanoble SATOSYSCASS1982 Oldanoble SATOSYSCASS1982 Oldanoble SATOSYSCASS1985 Chervick IGSBV079197-3323021986 Chervick IGSBV079197-3323021977 Toyuka RAZIOSH070197-110412
1978 Toyuka RAZIOSH070197-110412
1979 Nasaw WILLESIAHSA4805
1979 Nasaw WILLESIAHSA4805
1977 Chervick Pilip IGBRVANA-ISOSOFO
1977 Chervick 1980058227373

Published The Sun, January 21, 1999 Legal No. 99-13

NOTICE OF GRANT APPLICATION

nterested parties are within Palet Be ky are hereby allvised that The Glades A sistion for Retarded Citizens, Inc. is ared-

A Public Hearing has been scheduled Glades Area ARC effices at 4250 NW 56 Belle Glade, Florida on January 27, 199

sta for a hearing must be addressed as Area ARC, 4250 NW 16th Street, Bel Flarida 33439, and a copy sent in Ma Tab. Transit Unit, Flarida Department portajon, 3400 W Commercial Blvd., F

Published: The Sun, January 21, 1999 Lend No. 99-14

large bedrooms Central air, carpert, and large lot-\$90,000.00 Large 4 or 5 bedroom, 4 both CBS, Central air, of course— \$98,500.00 (,) PLACE YOUR AD HERE! ... CALL Former packing shed with 2 are cold boxes. 4.66 acres THE SUN (561) DD6-0404 d, and zoned, heavy indus-d. Some terms-\$350,000.00

Charities, Inc., Family Center, 7450 State Road 15, US 441, Pahokee, FL 33476, Attn.: Mr. Guillermo Rivera. 1/21

RODMAN/CHAINMAN: U.S. Sugar Corp. has an immediate opening for a Rodman/Chainman in their Engineering Dept. Must be able to perform work as a Rodman/Chainman as a Rodman/Chainman as a member of a survey party, including holding tape, and rod, driving stakes and measuring distances. Must be physically fit (cannot be color blind), posses, a valid drivers' d), posses a valid drivers' nse with the ability to and understand English. Requires ability to swim. Must have high school diploma or equivalent and posses good math skills. Previous survey experience is Previous survey experience preferred but not necessary; reper training, as necessary. proper training, as nec-will be provided by cor if qualified, please ar if qualified, please apply at our employment office located on W.C. Owen A our employment office located on W.C. Owen Avenue In Clewiston. U.S. Sugar Corp., Human Resources Dept., P.O. Box 1207, CLewiston, FL 33440 FAX: 941-902-2889. EOE/AAP. 1/21

SECURITY OFFICERS needed: Gatehouse positions available, 87 °D' positions & 88 °G' positions. Excellent benefits. Immediate opening for PT weekend work. Call 2008.800.387,0772. tfn now, 800-357-0772. tfn

CLEAN COUNTRY. Call tollfree, any time, 800-469-8164 or 800-995-6136, for appointment to come to Nashville and audition for major record producers. 1/21

TEACHER & SUBSTITUTE ASSISTANT TEACHER posi-tion: Person to work with chil-dren ages 8 weeks to 3 years in a Migrant Head Start setin a Migrant Head Start set-ting. Preferred requirements: bilingual, GED or high school diploma, infant/Toddler CDA if position is in the Infant/Toddler room, and can read and write well and a willingness to learn. Job opening at Early Head Start and O'Brien Center, 1140 NE 18th Street, Belle Glade. Closing date, 1/25/99. An Equal Opportunity Employer. 1/21

THERAPEUTIC SELOR, Master's COUNdegree preferred. Ability to plan ans exe-cute ectivities, design individ-

CURTISA

Nice 3 bedroom, 1 bith CBS. Central air, carport, and family nom-\$75,000.00

• 3 bedroom, 2 bath CBS, with large bedrooms. Central air, carport, and large lot-\$90,000.00

• Large 4 or 5 bedroom, 4 bath CBS. Central sir, of course-\$98,500.00

Former packing shed with 2 large cold boxes. 4.66 acres total, and zoned, heavy indus-trial. Some terms—\$350,000.00

ualizd treatment plans and do the required documentation. Salary commensurate with training and experience. West County Mental Health Clinic. 1024 NW Avenue D, Belle Glade, FL 33430, fax 561-992-1335.

TRUCK DRIVER TRAINEES needed! Covenant Transport has immediate openings for entry level drivers. Earn 37K-42K. No experience needed Training available through T.D.I., 800-435-5593. FCAN. 1/21

Misc. for Sale

BUILDING SALE...No sales man. Go direct & save. Final clearance. 20x26, \$2600; 25x30, \$3145; 30x40, \$4750; 35x50, \$6100; 40x60, \$7800; 48x90. \$12,000 ,000. Others. 800-668-5422.

FACTORY CLOSEOUT! Must m for incoming Arch Steel 16x20, 25x26, Buildings, 16x20, 25x26, 30x40. Financing available. Great for backyard shops and garages. Call immediately, 800-341-7007. 1/28

FACTORY DIRECT POOL Heaters. Heat pump, solar or gas. Major brands. New/used. Do-it-yourself or installed. Free phone quote 800-333-WARM (9276) www.solardirect.com Lic. #CWC029795. FCAN. 1/21

POOL HEATERS/PUMPS, 10 yr. warranty. World's most efficient. \$1795/up. Central systems/mobile homes/commercial. \$895+. Eco Energy. J. Archie Gay, #CMCO56988. Delivery/install anywhere/ Delivery/install anywhere/ any time. 800-474-7120. FCAN. 1/21

SPINET CONSOLE PIANO. Responsible party to take over payments. Can be seen locally, 904-736-8813. 1/21

Notices

ESTATE AUCTION, Sat., Jan. 30, 10AM, Six farms, 1432.3+/-acres, Worth Co., GA. Cropland, hunting, timberland, cultivatable, mini-farms & homesitre 10% Buyer's Premium: 800-323-8388. ROWELL REALTY & Auction Co., Inc., Thomas W. Rowell, CAI, Auctioneer, GAL #701. FGAN. 1/21

TERESA SULLIVAN

10205 Southern Blvd. yal Palm Beach, FL 33411 561-795-8533 or 561-996-5623

IPILACE FOUR AD HERE!... CALL

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FOR 70 YEARS, DUMAS has built solid wood pews. Let us build your church new pews, pulpit furniture, steeples & pulpit furniture, steeples & baptistries. Recover/refinish old pews. Financing available, 800-962-2698. FCAN. 1/21

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FOR RENT: TRAILER LOTS \$130.00 per month. 996

Apartments

CONDO APARTMENTS for rent. Pahokee, 2BR, AC w/heat, carpet, stove, refrig-erator, dishwasher, washing machine and dryer. Call 924-

PAHOKEE MOVE-IN SPE-CIAL! Only \$238 moves you into a 1BR! \$350 moves you into a 2BRI Parker Ap ments, 924-5493 pr 924 5002. · tfn

Rooms for Rent

WALDESSA MOTEL: Daily/ weekly rates. 890 South Main St. 996-3827. 8/12/99

Situation Wanted

ROOMMATE WANTED TO share 3BR house on Bacon Point Road, Pahokee. \$25 \$250 per month, 924-5577, day 924-8292, evenings.

Yard Sales

SAT., 841 SE 3RD ST., Belle 1/21

hes. Call 56i-996-4404 for ubscription inform

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SOUTHERN COLORADO RANCH sale. 89 acres, \$54,900 BORDERS BLM! 554,900 BORDERS BLM Enjoy panoramic view & sen-sational sunsets over the Rockies from this gently rolling acreage Ideal for hors-es. Excellent financing. Call now, 719-676-6367. FCAN. 1/21

TENNESSEE LAKE VIEW bargain. Three acres w/boat dock. \$19,900. Beautifully wooded, spectacular views, located at crystal clear mtn. lake, next to 18-hole golf coursel Paved roads, utilities, soils tested. Low, low financing. Call now, 800-704-3154, 1/21 ext. 1741. FCAN.

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DIVORCE, \$195° 30 days, no hearing/court. Missing spouse, property, children.
Bankruptcy \$225*, Stop creditor calls. Same day reports.
\$30. Local. AAA Family
Centers. 800-688-3188. FCAN. 1/21

Financial Services

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LEGAL NOTICES

NOTICE OF ILLECTION

The City of Stand Bary, Phila Based County, Tarkets, will had an obscious of Tanaer Park, 100 Good for the purpose of election factors with the County of th

Published: The Sun, January 14 & 21, 1999 Legal No. 99-09

menth (cultain date conflicts with a haliday) 100 p.m. at the Law Offices of Caldwell & Proce \$34 Bayai Palm, Way, 3rd Floor, Palm Ban Floor and Sattle and Annual Landowner's Most will be held at Annual Landowner's Most office of the Sattle and Sattle and Sattle Crower's Cooperative, West Sugar-Homan RO-Balle Glade, Florida, 33430.

The following vehicles will be sold at public mo-tion on Pebruary 2, 1988 at 8:00 a.m. at 850 Se 18th Street, Belle Glade; FL:

Ford IRAIPSITZIASSST34
Budel IGAAVSK2RIZIASSST34
Budel IGAAVSK2RIZIASSST34
Typysa RA42184685
Oldsmabde 3AV6973CM185490
Oldsmabde 3AV6973CM185490
Oldsmabde IG3BV6970PT331300
Chevroles IG1BJ69FKX7118401
Typysa RN22004070
Chevroles IG1073729FR145142
Ford Phup IF118EZS-4RINAJ4605
Missams WILLSJ10-6446023

Published: The Sun, January 21, 1996 Legal No. 89-13

e Florida Department al grant under Secti nit Act of 1991, de am wahicies, being b

SSS FOR A VARIETY of lengrm income streams. J.G. entworth. 888-231-5375. 1/21

AUTO LOANS: New/used. credit ok. hour approval, No application feesil 800-967-5313, ext. 501. World Funding Group, Inc. Lic. #091942. FCAN. 1/21

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problem credit, no-income verification, self-e mployed & vernication, sea-empioyed & bankruptcy. 24-hour pre-approvals, quick closings, competitive rates. We Bency). Over Backwards To Approve Your Loan: FAIRBANK Your Loan: FAIRBANK MORTGAGE (888)577-8671 ext. 552 FL Ltc. ML9700547

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\$\$WE BUY\$\$ Seller financed notes. *Insuranc esettlements.
*Land note portfolios. Colonial
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